What is claimed is:

- (Currently Amended) A cleat comprising:

 a leg;
 a pair of projections extending from the leg; and
 at least one of a full hand grip aperture formed in the leg; and
 means for adjustably mounting the cleat on a support[.], the mounting

 means including a strap and a slot formed in the cleat for receiving the strap.
- 2. (Currently Amended) The cleat of claim 1 wherein the mounting means comprises:

the full handgrip aperture formed in the leg [disclosed]disposed adjacent to a horn portion, with the pair of projections extending from the horn portion.

- 3. (Original) The cleat of claim 2 wherein: the horn portion has a generally convex outer surface.
- 4. (Currently Amended) The cleat of claim 3 wherein the mounting means comprises:

a strap coupled to the cleat; and

clasp means attached to the strap to enable the strap to be tightened about a support.

Please cancel claim 5.

- 6. (Original) The cleat of claim 1 wherein: outer side edges of the leg have an arcuate shape.
- 7. (Original) The cleat of claim 1 wherein:

the aperture in the leg has a surface with the length to receive four fingers of a human hand.

8. (Currently Amended) The cleat of claim 1 wherein the mounting means <u>further</u> comprises:

a strap coupled to the cleat; and

clasp means attached to the strap to enable the strap to be tightened about a support.

Please cancel claim 9.

- 10. (Original) The cleat of claim 1 further comprising: a base, the leg extending from the base.
- 11. (Currently Amended) The cleat of claim 10 wherein:

 an the hand grip aperture is formed in at least one of the leg and the base for receiving a the strap.
 - 12. (Original) The cleat of claim 10 wherein: the base and the leg are monolithic.
 - 13. (Currently Amended) A cleat comprising: a leg;

a pair of projections extending from the leg; and

hand grip means formed on the cleat for forming a hand grip surface capable of receiving a full human hand[.], the handgrip means being an aperture in the leg having a surface with the length to receive four fingers of a human hand; and an outer surface of the leg having a substantially convex surface shape.

Please cancel claim 14.

Please cancel claim 15.

- 16. (Original) The cleat of claim 13 further comprising: a pair of projections extending from the leg.
- 17. (Original) The cleat of claim 13 further comprising: side edges of the leg having an arcuate shape.
- 18. (Original) The cleat of claim 13 further comprising:
 a strap attachable to the cleat; and
 clamp means, carried on the strap, for tightly wrapping the strap about
 a support.
- 19. (Currently Amended) ThThe cleat of claim 13 further comprising:
 - a base, the leg extending from the base.
 - 20. (Original) The cleat of claim 19 wherein: the base and the leg are monolithic.